



Rotary Clubs of Sale

www.rotaryclubofsale.org.au

Rotary District 9820

Incorporated

TUESDAY 26TH APRIL 2022
SPEAKER – JOHN CASTLE ON DUBAI



President Philip Davis thanks John Castle watched by the evening's chairperson Lisa Burgess

John and Pam Castle recently travelled to Dubai to visit their son, Matt, daughter in law, Shinobu, and grandsons Hugo and Rei (who was only a little baby when they last saw him). This was their fourth trip to Dubai, but they had been unable to travel for the last three years due to COVID.



Burj Al Arab

John shared photographs of his family, and of some of the landmark buildings in Dubai. These included photos of the tallest building in the world and of the artificially created lagoons. John said that just about everything is artificial.



Burj Khalifa Dubai- tallest building in the world



Fountain Burj Khalifa

Dubai relies on desalinated water (Matt pays \$20-/month for water). Dubai relies very heavily on imported labour from countries like Bangladesh.

Tourism is major source of income as Dubai is the only member of the United Arab Emirates that doesn't have oil. The other emirates are Abu Dhabi, Sharjah, Ajman, Umm Al-Quwain, Fujairah, and Ras Al Khaimah. The capital city is Abu Dhabi, located in the largest and wealthiest of the seven emirates. John and Pam visited there and saw the Sheikh Zayed Grand Mosque, which some have suggested is more beautiful than the Taj Mahal.



They also visited Expo 2020, which had been postponed due to COVID. It was enormous, and they only got to see a small section including the very impressive Australian pavilion. They were thankful that seniors didn't have to queue as it was 32° and humid.



Expo 2020 from the air



The Australian pavilion

The second week of their visit, John and Pam stayed at the Hilton Gardens and John showed photos of many of the up market cafes and lots of luxury cars (Lamborghinis, Ferraris, etc.) parked outside (the valets put the most impressive cars on view!). John said that people in Dubai are car mad.

John was thanked and then drew the raffle which was won by Laurie Smyth.

President Philip reminded everyone that Changover Dinner is on 7th June. Neil Ross will be putting together the reports which directors need to give him ASAP. Lisa Burgess will be in charge of décor.

Rotary Race the Rubeena raised \$15,007, which will go towards Maintenance fund for Wetlands Trail. Alan Lewis, Elizabeth Hutchinson, Gerard Callinan, Jeanette Henwood, and Mike Smith were thanked again for their considerable

contributions, as was everyone who helped. It has been proposed that the lane along the LaTrobe River from the Swing Bridge be called Heart Morass Lane. Philip has organised information signs for the Wetlands Trail and would appreciate help to put them in place. Neil Ross won 'Heads and tails'.



Happy Birthday to Danny O'Brien on 2nd April, Ted Pickering on 4th April, Michael Page 13th April & John Castle on 16th April.



**The Rotary Club of Maffra was officially chartered
on 29th May, 1947**

**President and members of the Rotary Club of Sale
are cordially invited to attend the Rotary Club of Maffra**

75th Anniversary Luncheon

At Duart Homestead, 20 McLean St Maffra

on Sunday 29th May, 2022

at 12 noon for 12.30pm

\$40- per person, drinks at bar prices

RSVP by 22nd May, 2022

To Secretary, Helen Lanigan 0409 030 918 helenlanigan@bigpond.com

Payment can be made by EFT to:

Rotary Club of Maffra

BSB: 633 000

Acc. No. 119 707 511

Reference: 75 your name

"Anosognosia"

Anosognosia, very interesting...

In the following analysis the French Professor Bruno Dubois, Director of the Institute of Memory and Alzheimer's Disease (IMMA) at La Pitié-Salpêtrière - Paris Hospitals, addresses the subject in a rather reassuring way:

"If anyone is aware of their memory problems, they do not have Alzheimer's."

1. forget the names of families.
2. do not remember where I put some things .

It often happens in people 60 years and older that they complain that they lack memory. "The information is always in the brain, it is the "processor" that is lacking."

This is "Anosognosia" or temporary forgetfulness.

Half of people 60 and older have some symptoms that are due to age rather than disease. The most common cases are:

- forgetting the name of a person,
- going to a room in the house and not remembering why we were going there,
- a blank memory for a movie title or actor, an actress,
- a waste of time searching where we left our glasses or keys ..

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of years ..

Many people are concerned about these oversights hence the importance of the following statements:

1. "Those who are conscious of being forgetful have no serious problem of memory."
2. "Those who suffer from a memory illness or Alzheimer's, are not aware of what is happening."

Professor Bruno Dubois, Director of IMMA, reassures the majority of people concerned about their oversights: "The more we complain about memory loss, the less likely we are to suffer from memory sickness."

We are truly blessed, So, share this with your over-55 friends, it can reassure them.

FUTURE MEETINGS and EVENTS:

Tuesday 3rd May, 6pm at Greyhounds Club, speaker John Curran, Prostate Cancer Specialist Nurse CGHS. John is a very interesting Irish born nurse who has worked in Saudi Arabia and the Netherlands, and a keen musician.

Tuesday 10th May, 6pm Greyhounds Club, club night and resumption of AGM.

16th May onwards- Giant Rotary Book Sale

Trevor Watt is organising the great, big Book Sale which will be set up on 16th & 17th May and start selling on 18th May. We will be selling three year's supply of books that are no longer needed by the Wellington Shire libraries. This will be held at the Show Grounds. Helpers to set up are needed. Let Trevor or Keith know if you can help.

Sunday 29th May, Maffra 75th Anniversary Dinner

Tuesday 31st May- no meeting

Tuesday 7th June, Changeover Dinner

Any queries re future meetings contact Adrian: Mob. 0408 517 062 (Text or call) Email arijs47@gmail.com

Please send Bulletin contributions to Sandra at sandrah@vic.australis.com.au by 5th May

Next Rotary meeting- Tuesday 3rd May 2022

at Sale Greyhounds at 6pm

book with Secretary Adrian Rijs by noon Tuesday

Last Name	First Name	Spouse/ Partner
Adams ^{PP}	Colin	Clare
Burgess	Lisa	Paul
Callinan	Gerard	Jenny O'Neill
Cartledge ^{PP PHF}	John	Liana
Castle	John	Pam
Davis ^{Pres PHF}	Philip	Elizabeth
Dyer ^{OAM PP PHF}	Graeme	Alida
Exton ^{PP PHF}	Rod	Gillian
Henwood ^{PP PHF}	Jeanette	
Houghton ^{PHF}	Sandra	
Hutchinson	Elizabeth	Alan Lewis
Jeremiah	Laurie	Helen
Lewis ^{PP PHF}	Alan	Elizabeth
Mani ^{PP}	Raj	Tracey
McKimm ^{PP}	Robert	Kathy
McMillan ^{PHF}	Kerry	Don
Miller ^{PHF}	L. Keith	Gwen
O'Brien	Danny	Vicki
O'Connor	Nicole	Patrick
Page ^{OAM PP PHF}	Michael	Jan
Pickering ^{PP}	Ted	Margaret
Rijs ^{PP PHF}	Adrian	Louise
Ripper ^{PP PDG PHF}	Don	Jude
Ross ^{PHF}	Neil	Maree
Smith ^{PHF}	Mike	
Smolenaars ^{PP PHF}	Daniel	Norissa
Smyth ^{PP PHF}	Laurie	Jill
Strauss ^{PP PHF}	David	Rachel
Strauss ^{PP}	Rachel	David
Thomas	Jenni	
Tulloch ^{OAM PP PHF}	David	Judy
Versloot ^{PHF}	Andy	Debbie
Watt ^{PP}	Trevor	Liz
Webb	Carmel	